

■ wine BUZZ

Napa Retreats

Looking for a bit of serenity or a dose of inspiration? These world-class Napa resorts will help you jumpstart the New Year with invigorating environments, healthy dining and wine tasting nearby. **BY DEBORAH GROSSMAN**



I It's a cross between a vacation home and high-end hotel. Located just minutes from Pinot Noir-famed wineries such as Etude and Artesa and six miles south-east of downtown Napa, cottages and suites at **The Carneros Inn** come equipped with sensuous outdoor soaking tubs and fireplaces. Swim in the "Hilltop Pool" with vineyard vistas or take a class in the fitness barn. Spa treatments emphasize local ingredients such as the Chardonnay grape seed oil massage or warm goat and Carneros honey extreme moisture facial massage. The resort's signature restaurant, **FARM**, has a wine country vibe and caters to spa-goers with healthy cuisine. 4048 Sonoma Highway, Napa, thecarnerosinn.com.